



SPRING MENU

WEEK 2

MON

TUES

WED

THURS

FRI

MAIN

THAI GREEN CHICKEN CURRY WITH WHOLEGRAIN STEAMED RICE

BEEF & ONION PIE WITH SEASONAL VEGETABLES (CE, MK)

PAPRIKA & ROSEMARY ROAST CHICKEN, RUSTIC ROAST POTATOES & ROAST GRAVY

BEEF CHILLI CON CARNE WITH WHOLEGRAIN STEAMED RICE (CE, G*, MK)

FISH & CHIPS WITH FRESH MINTED MUSHY PEAS & HOMEMADE TARTARE SAUCE (E, F, G, MU, SU)

VEGGIE

MALAYSIAN VEGETABLE HOTPOT WITH WHOLEGRAIN STEAMED RICE (MK)

KUNG PAO NOODLES (CE*, E, G, MU*, SO)

SPINACH & FETA PIE WITH SEASONAL VEGETABLES (G, MK)

VEGGIE CHILLI NACHOS & GUACOMOLE (CE, MU)

ROASTED VEGETABLE FLATBREADPIZZA (G, MK)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD

SELECTION OF COLD DESSERTS - SERVED DAILY



STREET

WHOLEMEAL TOMATO & BASIL PASTA (CE, G)

SWEET CHILLI CHICKEN GYROS (G)

SPICY VEGETABLE KATSU BURGER WITH PICKLES (G, SE*)

WHOLEMEAL CREAMY PESTO PASTA (G, MK)

JAMACIAN JERK CHICKEN LEG & CHIPS

MEAL DEAL

Theme Days



Go Vegan ^V

ALLERGENS KEY...

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE
* - MAY CONTAIN